

## Regular Check up Appointments for Quality Plan Members!

We would like to remind our Quality Plan members to make sure to respond to your recalls for both the Dentist and Hygienist as we have noted the drop in patients responses and like to make sure our patients are getting the full benefits of joining the scheme!

## New Look for Quayside!

We have recently had a makeover if you wish to take a look please visit our website [www.quaysidedental.com](http://www.quaysidedental.com) and leave a comment!!

## Don't keep us a Secret!!!!!!

Please remember to recommend us to your Family and Friends. If a New patient joins because of your recommendation please tell us.

## New Treatments available at Quayside! Botox, Chemical Peels and Fillers!

*Through gentle, tailored planning we aim to provide a totally natural look!*

We have been providing Botox for just over a year at the practice and it has proved very popular. Fillers can smooth out nose and mouth grooves, foreheads lines etc as well as giving a fuller pout for your lips. Our Facial peels are designed to revive tired looking skin to give a more fresher and youthful complexion.

To discuss any of these treatments further a consultation appointment can be made with Kerrie Stewart @ our practice or visit our website or simply pick up a brochure at the practice.



## Gene That Links Gum Disease to Heart Problems!!

It has very recently been published in newspapers how scientists have discovered a genetic link between bleeding gums and the risk of a heart attack. Gum disease can be a route into the blood stream for around 700 types of bacteria found in the mouth leading to the more serious problem of coronary heart disease.

Because of this association periodontitis (or gum disease) should be taken very seriously and so outlines the importance of Hygienist visits.